

The Student Creed

Ji-shin - Confidence

I believe in myself. I am confident. I can accomplish my goals.

Tan-ren - Discipline

I believe in what I study. I am disciplined. I am ready to learn and advance.

Son-Kei - Respect

I believe in my teachers. I show respect to all who help me progress.

14-Point Code for Powerful Living

I protect life and health,
I avoid violence whenever possible.

I respect the property and space of all,
I avoid taking what has not been offered.

I develop significant relationships,
I avoid abusing others for selfish gain.

I thoughtfully express the truth,
I avoid the confusion of dishonest words.

I cultivate a positive attitude, a healthy body and a clear mind,
I avoid whatever would reduce my physical or mental well-being.

I communicate health, happiness and peace of mind to everyone I meet,
I avoid violent, disturbing, and unduly critical speech.

I promote harmony and positive momentum to bring the best in everyone,
I avoid causing alienation, doubt, and division among others.

I encourage all to speak purposefully from the heart,
I avoid the dull contentment of gossip and small talk.

I am as enthusiastic about others fulfillment as I am about my own,
I avoid treating others' successes as the cause of my lacks.

I promote the enjoyment of life, and encourage others with my smile,
I avoid setting myself against the world.

I promote the search for personal realization of truth,
I avoid the seductive comforts of narrow-mindedness.

I accomplish what must be done in a timely and effective way,
I avoid putting off doing that which will benefit me and my world today.

I strive to be so strong that nothing can disturb my peace of mind,
I avoid the negative effects of worry, doubt, and regret.

I work to build love, happiness, and loyalty among all members of my family,
I avoid putting temporary personal benefit ahead of the welfare of those I love.