

Class Schedule

TIME	MON	TUE	WED	THU	TIME	SATURDAY
11:15 - 12:00					9:45 - 10:15	Little Dragons
12:00 - 12:45		All Levels ADULT Only		All Levels ADULT Only	10:15 - 10:45	Little Ninia
					10:45 - 11:30	All Levels YOUTH Only
3:45 - 4:15					11:30 - 12:15	All Levels ADULT Only
4:30 - 5:00	Little Dragons/ Little Ninia		Little Dragons/ Little Ninia		12:15 - 1:00	ADULT and YOUTH Black Belt Club
4:45 - 5:30		Level 1 YOUTH Only		Level 1 YOUTH Only	1:00 - 1:45	Level 4 Black Belt
5:00 - 5:30	Little Ninia		Little Ninia			
5:30 - 6:15	All Levels YOUTH Only	Level 2 & Level 3 YOUTH Only	All Levels YOUTH Only	Level 2 & Level 3 YOUTH Only		
6:15 - 7:00	All Levels ADULT Only	Level 1 ADULT Only	All Levels ADULT Only	Level 1 ADULT Only		
7:00 - 7:45	Level 4 Black Belt	Level 2 & Level 3 ADULT Only	Classical Budo All Levels	Level 2 & Level 3 ADULT Only		
7:45 - 8:30		Ground Fighting				

WEAPONS AND CLASSICAL BUDO ARE OPEN TO ALL BELT LEVELS.

Please arrive at least 10 minutes early to change and prepare for class.

Please make sure to wear foot covering ... NO BARE FEET.

Please call us at (513) 770-0834 if you cannot make class.